



Bed Race Rules and Information

Entry fee: \$250 per bed (*the cost to provide a bed to an orphan in a Third World orphanage through Sweet Sleep*) Additional funds can be raised to support Sweet Sleep's mission.

Bed Measurements and Rules

- Minimum bed size: 64" wide by 75" long (no part of the bed frame including push bars may exceed 90" width by 100" length).
- Minimum height: 10" from the ground to the support frame.
- Maximum height of the bed may not exceed 96" from the ground.
- Wheels: Four load-bearing, no more, no less, and designed so that all wheels contact the ground. Distance between wheels may not exceed 80" from outside to outside, front to rear.
- Steering: Provisions must be made to steer the bed. May include a mechanism to steer the front two wheels, or a combination of rotating caster wheels on the front and fixed casters on the rear.
- Mattress: Must be innerspring, minimum size 54" wide by 75" long by 7" thick (standard double size mattress.)
- Push bars: No jagged or sharp edges allowed, bars may not exceed maximum dimensions of the bed. (Pushers must be able to see the course in front of the bed when they are pushing.)
- Motors or other special attachments which in the view of Race Officials give an unfair advantage or create safety hazards are not allowed. Please contact race host organization with questions.
- No bathtubs or waterbeds allowed.
- Beds may not be pulled by ropes or chains.
- No person may be a member of more than one team.
- A sign with number assigned by Race Officials and identifying the name of the bed sponsor and/or organization must be attached to the bed at all times. Minimum dimensions of the sign are 8" high by 28" wide. It must be clearly visible at all times.
- Heats will be run on a course approximately 60 yards long. (Each host can determine the length of course based on their campus.)
- Any bed may be disqualified by Race Officials for safety reasons or violations of construction rules at any time before, during or after race day.

Awards Offered: *(Hosts must secure prizes/donations for awards offered)*

Most Funds Raised

Best Decorated

Most Entertaining

People's Choice Award *(The public will be able to vote for their choice. Each donation of \$1 will cast a vote for this award. All proceeds will benefit Sweet Sleep.)*

-- You can also make fun awards that fit your locale or sponsors – i.e. the AAA Most Likely to Break Down Award

Race Information *(customize for your event)*

Interested in building a bed for this year's race? Contact: _____.

Mandatory Meeting: The Team Captains meeting will be held (time) (date) (place). Any team not represented at this meeting will be subject to disqualification and forfeiture of the entry fee.

- Complete race day and dispersal instructions will be provided at the Team Captain's meeting.
- A race team consists of 5 people. One member of the team must ride on the bed at all times.
- All participants are required to wear helmets during the race. (Chin straps must be attached and fastened i.e. bike helmets, football helmets, hard hats w/chin strap, etc.)
- All participants must be at least 18 years of age.
- All participants must sign a waiver on the day of the event, prior to race time at the check-in tent.
- Each team may race only once and must remain in its designated lane on the race course at all times.
- No alcoholic beverages will be allowed at the be race site.
- All decisions by race officials are final.
- All bed/team costs are borne by the entrants; this includes the entry fee, which is non-refundable.

