



Sample Schedule

Friday

- 6:00 pm Students Arrive and Check-In
Collect Donation Sheets and Donations
- 6:30 Opening Celebration/Worship
- 7:00 Dinner
- 8:00 Bible Study #1
- 9:00 “Bean Game” Activity
- 10:00 Bible Study #2
- 11:00 Prayer Experience (Files available at www.sweetsleep.org/insomnia)

Saturday

- Midnight Worship Service
(contact jon@sweetsleep.org for speaker/worship leader referrals)
** During worship, show “**Open Hands: Sweet Sleep for Gulu**” and share about Sweet Sleep’s current project to resettle children in northern Uganda from their IDP camps back home into their now safe villages.
- 1:00 am Debrief Worship in Bible Study Groups
(questions created by speaker/worship leader)
- 1:30-5:30 Fun activities to keep students awake. 😊
- 5:30 Clean-Up/Pack-Up
- 6:00 Breakfast
- 6:30 Quiet Time (questions created by speaker/worship leader)
- 7:00 Closing Worship
Collect offering early allowing parents a chance to give/count offering
Inspiring Message/challenge – leading students to meet needs in their community
Share Time – what students learned during the event
Announce total
- 8:00 Students go home and sleep sweetly because they helped orphans get new beds. 😊

* At some point in the next week or so, we suggest you partner with a local orphan ministry, children’s home, etc in your community to build on what the students learned in their Bible Study groups. Please schedule this before your INSOMNIA event and let students know about it with a handout at the end of the event.